

Sheffield Covid-19 Testing & Self-isolation Update: January 2022

You have..	The result is..	It means..
No symptoms, taken LFD test	Positive	You have covid, you must self-isolate** No need for a PCR*
	Negative	Unlikely you have covid at this moment, but keep testing
Covid symptoms, taken LFD test	Positive	You have covid, you must self-isolate** No need for a PCR*
	Negative	Get a PCR to be really sure
Covid symptoms, taken PCR test	Positive	You have Covid, you must self-isolate**
	Negative	Might not be Covid but you probably have a cold/virus so best to stay in
No symptoms, taken PCR test	Positive	You have covid, you must self-isolate**
	Negative	Unlikely you had Covid at the time the test was taken